Changing the Face of Chronic Pain

Making life smoother™

Boston Scientific
In the sunny dawn of each bright new day, Meghann faced a dark reality: chronic, unrelenting, often unbearable pain.

Yet the excruciating ache in her lower back and leg was nothing compared to the hopeless, helpless, empty feeling in the pit of her stomach — a void created by the realization that this — after numerous surgeries and countless medications — is how she’d likely spend the rest of her life.

Spinal Cord Stimulation Therapy by Boston Scientific
Chronic Pain Management that Goes the Extra Smile

Today, thanks to the compassionate foresight of her doctor and the remarkable Smoothwave technology of Boston Scientific, Meghann has joined over 300,000 people around the world no longer held captive by the physical and emotional ravages of chronic pain.

With the Boston Scientific Precision Plus spinal cord stimulation system, control of Meghann’s pain is right in the palm of her hand. Empowering her to reclaim the life she once lived. A life bustling with normal daily activities. The rewards of work. The joy of play. Loved ones. Laughter. And so much more.

If you have chronic pain, there’s no need to face it alone. Put Precision Plus on your side. When it comes to pain management, we’ve got your back.

Smoothing the Jagged Edges of Pain

Precision Plus by Boston Scientific features our exclusive, revolutionary SmoothWave technology. It works to interrupt pain impulses before they reach the brain, replacing them with a smooth, soothing feeling many patients associate with the gentle tingle of champagne bubbles.

Unlike all other spinal cord stimulation systems, Precision Plus with SmoothWave utilizes 16 independently-programmed power sources to tailor stimulation to meet your unique needs. Placing you in control. Making your life smoother.
Mike’s Miracle

“I liked the idea of being in control again. I’d already been stripped of my career, I was financially ruined and I wasn’t functioning as a husband and a father. After being implanted with the Precision Plus SCS system, I felt my life was a miracle.”

Mike Roman
Phantom Limb Pain

If you’re in the discouraging, dispiriting grip of chronic pain, we’d like to have a word with you:

“Hope.”

In this booklet and accompanying DVD, you’ll discover a safe and effective technological advancement that’s helped work miracles for hundreds of thousands of chronic pain sufferers all across the globe— for more than four decades. Approved by the U.S. Food and Drug Administration for adults with intractable pain of the back, arms and legs, Precision Plus with Smoothwave offers proven relief.

At the same time, it gives you something just as important: real hope for a better tomorrow.
I can do a lot of things, like tend to my orchids, go to the gym and go dancing. I have a full life now.

Dick

Low Back Pain

There’s no dancing around the fact that chronic pain management is a vexing, complicated challenge. So in designing Precision Plus with Smoothwave, the medical minds of Boston Scientific decided to start with a simple, basic premise:

Since pain is carried by electrical nerve impulses along the spinal cord to the brain, intervening in the nervous system’s impulse flow is the key to managing pain.
Upon that firm foundation of knowledge, the spinal cord stimulator was born. With SCS, thin insulated wires and an impulse generator are implanted into the spinal column. Controlled by an external remote control, they deliver a gentle, tingling feeling that masks pain as it travels toward the brain.

Result: a soothing, smoothing sensation rather than a sharp, jagged jolt of pain. All without major surgery or medications.

Even if you don’t know a tango from a two-step, that ought to be music to your ears.
Reclaiming control of your life starts by facing the enlightening facts about spinal cord stimulation.

**FACT #1**
SCS can work where other therapies haven’t
SCS can help control intractable pain in the arms, back and legs—even when other therapies have failed.

**FACT #2**
You can “test drive” SCS first
If your doctor deems that SCS is right for your pain condition, you can try out a temporary system before final implantation.

**FACT #3**
SCS is reversible
Even though your leads are surgically implanted, they can be disengaged or removed by your doctor, as needed.

**FACT #4**
Medications can work with SCS
While SCS itself does not require medication to block pain signals, it can be used in conjunction with pharmaceuticals, if indicated.

**FACT #5**
Most major insurers cover SCS
SCS is usually covered by health insurance plans, including Medicare.

SCS is generally considered successful if your pain is reduced by 50 percent, if you are able to get back to your daily activities, if your need for pain medication is reduced and/or if you’re able to relax and sleep better.

Now that you know the facts, talk to your doctor to see if Precision Plus with Smoothwave technology could help you control your chronic pain – and regain your healthy life.

“After my implant of the Precision Plus SCS system, I am now in control of my pain. My pain no longer controls me.”

Robert
Low Back Pain
You’ve had your hopes raised. You’ve had your hopes dashed. If you’re like most chronic pain patients, you’ve tried a number of therapies, surgeries and medication in your quest to mitigate and manage the problem at hand – only to be disappointed.

At Boston Scientific, we understand that the prospect of trying yet another chronic pain management therapy is no walk in the park. So, with Precision Plus, we give you an easy way in – and an easy way out.

**The Precision Plus Test Drive**

Once you’ve spoken to your pain management physician about SCS, you’re ready for something our patients affectionately call the “Precision Plus Test Drive.” It’s your chance to experience firsthand how advanced Smoothwave technology can truly make your life smoother.

In preparation, your pain management specialist will place temporary leads into your back. These leads are connected to a trial stimulator worn on your belt for about two weeks. As you experience the stimulator in operation, you’ll learn to extent to which Precision Plus with Smoothwave can help control your pain and enhance your daily life.

If Precision Plus performs up to your expectations, it can be implanted more permanently. If not, it can be removed quickly and simply.

Walking on Sunshine

“Absolutely amazing. After getting the trial, the first thing we did was take a walk on the beach. I just couldn’t believe something so simple could help so much.”

Sara
Chronic Pain
Taking the next big step toward a beautiful new life begins with 5 little steps:

• Read the “Control Your Pain” booklet.

• Watch the enclosed DVD.

• Visit ControlYourPain.com, to see if a “Control Your Pain” educational event is available in your area.

• Talk to a patient ambassador to hear firsthand how others have benefited from Precision Plus.

• Visit RaceAgainstPain.com to learn more and connect with others living with chronic pain.

Susan
Low Back Pain
Q: Is spinal cord stimulation safe?
A: Yes, spinal cord stimulation has been proven safe and effective and has been in use for decades. Over 300,000 people worldwide have been successfully treated with SCS therapy. You should review the risks of SCS with your physician.

Q: Will I be totally pain free with SCS?
A: People differ in the amount of pain relief they receive with SCS therapy. Some people enjoy complete pain relief, while many others experience a reduction in pain sensations.

Q: Will SCS allow me to be free of pain medications?
A: For some patients, SCS works well enough that pain medications are no longer needed. For others, it can mean a reduction in the amount of pain medication they need. Always consult your doctor before changing your dosage.

Q: Will my insurance cover Precision Plus?
A: Many health plans and insurance companies cover the cost of SCS therapy. Your clinic or doctor will need to get approval, first. Our customer service team can help you understand what your insurance company does and does not cover.

Q: Can one SCS system help me with pain in multiple areas?
A: Precision Plus is designed to cover several pain areas at the same time. You can use your remote control to adjust the amount of stimulation for each pain area.

“Instead of having a grinding, tingling, burning sensation going through me, I’ve got this nice, comforting, kind of massaging feeling. When I first turned the stimulator on, it felt like a weight was lifted off me, it felt so good! I felt like giving this a try was the right thing to do. I’m sure glad I did.”

Meghann
Chronic Pain
Q: How long will my spinal cord stimulator last?

A: Precision Plus uses powerful, rechargeable battery technology that carries a five-year warranty. There is no automatic shut-off, so the battery may last longer than five years depending upon your settings.

Q: How convenient is it to recharge the implant battery?

A: Recharging the implant battery is designed to be convenient and simple. The charger is lightweight, cordless and portable, so you can charge on the go. Either an adhesive patch or soft cloth belt (included with the charger) can be used to recharge.

Q: Can I actually control the stimulation therapy?

A: Yes, the Precision Plus remote control allows you to turn stimulation on and off, increase and decrease the level of stimulation, and target different pain areas using settings or programs designed specifically for you.

Q: Will I feel the Implant? Is it visible to others?

A: Precision Plus features a contoured oval shape and is small in size. Your doctor can position it in the most comfortable and convenient location in your body. While patients often report that they can feel the unit by pressing on their skin, in most cases it is not visible to others.

Q: Do I use my SCS System 24 hours a day?

A: It’s up to you. Precision Plus is designed for 24-hour-a-day use, should you wish. However there are a few limitations, which your physician can describe.

Q: When can I resume my usual activity?

A: For several weeks after the procedure you will be asked to restrict your physical activity. Once that period is over, Precision Plus is designed to help you lead a healthy and active lifestyle. However, you should always consult your doctor before resuming activity after surgery or before engaging in physical activities.
A New Equation: You Minus Pain

“I turned the stimulator on and immediately the pain was reduced. I went back to my doctor and said, ‘This is going to work!’”

Vernon
Low Back Radicular Pain

In the treatment of chronic pain, just two factors are important: What works. And what doesn’t.

If surgical and pharmaceutical options haven’t worked for you, fortunately today you have a viable alternative: Spinal Cord Stimulation.

It’s an effective, proven implant therapy that helps mitigate your pain, putting you in control while improving your quality of life. And the information you need is right at hand.

Visit www.ControlYourPain.com and ask your pain specialist if Precision Plus is right for you.

Then visit RaceAgainstPain.com to join the online community, share your story and make new friends.